

MCQ IP3

MCQ (1 In 5)

1. Extinction refers to
 - a. Loss of transference
 - b. Loss of conditioned response
 - c. Loss of unconditioned response
 - d. Loss of reinforced behavior
 - e. Termination of behavior therapy
2. Personality assessment tests include:
 - a. **Rorschach test**
 - b. Bannister francellar grid
 - c. Dexamethasone suppression test
 - d. A and B only
 - e. A, B, and C
3. Jean Piaget's name is associated with
 - a. Physical development in children
 - b. Emotion development in children
 - c. **Cognitive development in children**
 - d. B AND C
 - e. A, B AND C
4. The neurotransmitters of importance in behavioural sciences include
 - a. Barotonin
 - b. Serotonin
 - c. Noradrenaline
 - d. **B AND C**
 - e. A, B, AND C
5. Psychogenic vomiting: the following may apply:
 - a. It is related to conflict over food ingestion
 - b. Can be brought about by stress
 - c. It is not a psychophysiological disorder

- d. A, AND B ONLY**
 - e. A, B, AND C
- 6. The ID is
 - a. Motivated by superior drives and acts as a conscience
 - b. Is only allowed limited expression
 - c. Unconscious**
 - d. A, B, AND C
 - e. A AND C ONLY
- 7. Defence mechanism describe by Freud includes:
 - a. Denial
 - b. Rationalization
 - c. Abreaction
 - d. A AND B ONLY**
 - e. A, B, AND C
- 8. COBES means
 - a. Community based services
 - b. Community orientation based education and service
 - c. Community based experience and service**
 - d. Community based experiment and service
 - e. Community basic experience and services
- 9. From your 300 level COBES posting the minimum learning objectives include:
- 10. The utilization or nonutilization of the available health care depends on:
 - a. Appropriateries of the service
 - b. Cost of receiving the care
 - c. Satisfaction received
 - d. All of the above**
 - e. None of the above
- 11. With regards to AIDS
 - a. The disease was first described in 1981 in Kenya
 - b. The disease was first described in 1981 in East Africa
 - c. The disease was first described in 1981 in South Africa

- d. The disease was first described in 1981 in South America
 - e. **The disease was first described in 1981 in the United States of America**
12. The following are the common features of the COBES program except.
- a. **A letter of introduction from the state commissioner of health is more important than the instruction of the village head to the people**
 - b. The role of the community committee is important to the success of the subsequent COBES posting
 - c. COBES sensitized both the student and community to the health needs of the letter
 - d. COBES could make significant contribution to the PHC programme of government
 - e. It trains doctors to develop the concept of health approach to the delivery of health cares
13. The smallest micro organism observable with the light microscope is
- a. Algae
 - b. Protozoa
 - c. Viruses
 - d. Rickettsiac
 - e. **bacteria**
14. bacteria can be differentiated by the gram stain on account of
- a. their size
 - b. **their cell wall components**
 - c. the environment where they grow
 - d. their mode of nutrition
 - e. their mode of reproduction
15. One of this is not a property of fungi
- a. Mould grow as branched filaments
 - b. They possess rigid cell walls
 - c. Sensitivity of antibiotics
 - d. Reproduce by sexual and asexual methods
 - e. Most are geophylic
16. Commonest agent of diarrhoea in children below 5 years
- a. **Rotavirus**
 - b. Norwalk virus
 - c. Calci virus

- d. Astro virus
 - e. Adeno virus
17. The most common nematodes in my last COBES site are the following except one:
- a. **Plasmodium**
 - b. Guinea worm
 - c. Ascaris lumbricoid
 - d. Enterobius vermiculasis
 - e. Whip worm
18. Diarrhoea may be caused by the following diseases except one:
- a. Strongloidiosis
 - b. Cholera
 - c. Dranucuculiasis
 - d. Paragonimiasis
 - e. Ancyostomiasis
19. The infective stage of any nematode to man is, except one:
- a. **Eggs**
 - b. L1
 - c. L2
 - d. Adult
 - e. L3
20. Vectors usually have adaptive feature for the transmission of parasites. Which one of the following vector do not required vector's adoptive for transmission of disease(s)?
- a. Musca domestica
 - b. Mosquitoes
 - c. Sand fly
21. Foods are generally classified as:
- a. Energy foods
 - b. Body building foods
 - c. Protective foods
 - d. Accessory food substances
 - e. **None of the above**

22. The essentiality of a nutrient is established when
- A deficiency state occurs when diet considered adequate in all aspects, except for the nutrient under study
 - There is a significant growth response, in growing animals, after supplement of the nutrient under study
 - It is consistently found in the diet of a people
 - Only a and b are correct**
 - None of the above statement is correct
23. A disease that occurs clearly in excess of the usual for that place and time is said to be:
- Epidemic**
 - Endemic
 - Pandemic
 - Hyper endemic
 - None of the above
24. The following foods belong to the same group except
- Beans
 - Beef
 - Eggs
 - Mushrooms**
 - Cray fish
25. The following are vital events except
- Birth
 - Marriage
 - Divorce
 - All of the above
 - None of the above**
26. Measures of central tendency include all but one of the following :
- Mean
 - Mode
 - Range**
 - Median
 - Variance**
27. Child survival strategies in nigeria includes

- a. Immunisation
 - b. Oral rehydration therapy
 - c. Family planning
 - d. Only a and b are correct
 - e. **A, B, AND C ARE CORRECT**
28. Sources of epidemiological data include all but one of the following:
- a. The mortuary
 - b. The community burial ground
 - c. All the available health facilities
 - d. The school register
 - e. **None of the above**

TRUE OR FALSE

- 29. Type A behaviour is associated with competitive striving
- 30. The irritable bowel syndrome is an inflammatory disorder **T**
- 31. Cardiac neurosis indicates that a disease of the heart is present **F**
- 32. The family is an example of a primary social group **T**
- 33. The frontal lobe is an area of the brain that is vital to human personality **T**
- 34. Individuals vary in their genetic constitution but not in their psychological response to stress **F**
- 35. Physical illness may predispose to mental illness **T**
- 36. The super ego deals with pleasure seeking principles **F**
- 37. Oedipal complex was described by Carl Rogers. **F**
- 38. Excessive smoking and drinking may worsen the cause of essential hypertension **T**
- 39. Behaviour has only psychological determinants **F**
- 40. A leader can only be elected **F**
- 41. The ego is composed of the conscience and ego ideal **F**
- 42. Instinctive behavior implies behaviour that is genetically determined and developed independently of experience **T**
- 43. Asthmatic attack result only from biological factors **F**
- 44. Stressful life event may lead to emotional and physical health problem **T**
- 45. Only about 10% of all patients have psychological symptoms **F**
- 46. Attitude is a conscious orientation to object, person or event **T**

47. Psychotherapy is not useful in psychosomatic disorders of the GIT **F**
48. Concrete operation is the highest level of cognitive development in the human **T**
49. There is no single adult food item that contains all the nutrient in amounts sufficient to maintain life and promote optimum growth **T**
50. Foods for which there are very strong negative feelings are most often those rich in carbohydrates
51. Foods that people eat without second thought in childhood are seldom disagreeable to them later in life **T**
52. The university of ilorin teaching hospital is a secondary health care institution **F**
53. Urban dwellers have minimal primary health care problem compare to their rural counterpart **T**
54. Road safety can significantly reduce global mortality but marginally reduce global morbidity **T**
55. For the age group 45-60 years, road traffic accident ranks second to only cancers as the major cause of deaths **T**
56. HIV/AIDS can be regarded as a pandemic **T**
57. Malaria is locally endemic disease in nigeria **T**
58. Poverty is the most important factor in disease causation **T**
59. The faculty of health science of the university of ilorin is henceforth to be referred to as College of Health Sciences **T**
60. Epidemiology is essentially the study of epidemics **F**
61. The mode in a set of data is the same as the average **F**
62. Chicken pox has been eradicated globally **F**
63. Global eradication of smallpox has been achieved **T**
64. Giving of incentives such as money and iron supplement is a recommended strategy for community mobilization in Nigeria **F**
65. The maternal mortality rate (MMR) is a specific measure of motality **T**
66. The study of population distribution and its other characteristic is refer to as demography **T**
67. People living in GRA and high brow areas of urban cities do not have primary heath care problem **F**
68. Open air defaccation is the most common form of faecal disposal in Nigeria rural community only. **F**
69. Morbidity means the experience of death in epidemiology **F**
70. The experience of illness is referred to as mortality in epidemiology **F**
71. Oral rehydration therapy is the major component of the primary health care package **F**
72. Public health is sometimes referred to as preventive and social medicine **T**
73. The head of all the staff in the local government system in Nigeria is referred to as the director of personnel management (DMP) **T**
74. Incineration is the most common method of refuse disposal in nigeria and communities **F**
75. Bar chart are most suitable for presenting continous variables in data presentation **F**

